

Baby Gator Child Development and Research Center at the University of Florida at Newell Drive
Breakfast, Lunch and Afternoon Snack Menu
November 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 B: Grits and bacon, orange juice and milk</p> <p>L: Five cheese lasagna, tossed salad, fruit cup, Dinner roll and milk</p> <p>S: Graham crackers and Peaches</p>	<p>3 B: French toast w/ syrup, ½ banana and milk</p> <p>L: Cheesy Beef Casserole, applesauce, Green Beans and milk</p> <p>S: Apple pie and milk</p>	<p>4 B: Cinnamon roll, fresh fruit cup and milk</p> <p>L: Swedish meatballs, mixed vegetables, ¼ apple, dinner roll and milk</p> <p>S: Vanilla wafers and apple juice</p>	<p>5 B: Honey nut cheerios, apple juice and milk</p> <p>L: Cheese pizza, summer veg. blend, fresh fruit bowl, and milk</p> <p>S: Fruit and cottage cheese plate</p>	<p>6 Scrambled Eggs, Baby Cake(potatoes) and milk</p> <p>L: Chicken tenders, mashed potatoes, peaches, cornbread and milk</p> <p>S: Club crackers and ½ orange</p>
<p>9 B: Biscuits, scrambled eggs, orange juice and milk</p> <p>L: Grilled ham and cheese sandwich, green beans, applesauce, and milk</p> <p>S: Vanilla yogurt and peaches</p>	<p>10 B: Cornflakes, ½ banana and milk</p> <p>L: Meatloaf, mashed potatoes, grapes, dinner roll and milk</p> <p>S: Oatmeal raisin cookie and milk</p>	<p>11 B: Pancakes, fresh fruit cup and milk</p> <p>L: Spaghetti w/ meatballs, tossed salad, pears and milk</p> <p>S: Teddy Grahams and apple juice</p>	<p>12 B: Grits, scrambled egg, grape juice and milk</p> <p>L: Baked Chicken Quarters, pineapple/orange fruit salad, French fries and milk</p> <p>S: Cinnamon raisin bagel and ½ orange</p>	<p>13 B: Cheerios, apple juice and milk</p> <p>L: Turkey Marsala, broccoli florets, wild rice and milk</p> <p>S: Blueberry Muffins Apple Sauce</p>
<p>16 B: Scrambled Eggs, Bacon and milk</p> <p>L: Grilled cheese, Garden Vegetable soup, ¼ banana and milk</p> <p>S: Sugar cookie and milk</p>	<p>17 B: Rice Krispies, ½ banana and milk</p> <p>L: Sweet and sour chicken, white rice, Mediterranean veg. blend, ¼ apple and milk</p> <p>S: Animal crackers and fruit cocktail</p>	<p>18 B: Cheerios, fresh fruit cup and milk</p> <p>L: Sliced turkey sandwich on wheat, regular coleslaw, fruit cocktail and milk</p> <p>S: Vanilla yogurt and teddy grahams</p>	<p>19 B: Biscuit w/ jelly, Bacon, orange juice and milk</p> <p align="center"><u>THANKSGIVING FEAST</u> <i>Sliced turkey w/ gravy, sweet potato soufflé, green bean casserole, roll, desserts and milk</i></p> <p>S: Saltine crackers and cheese cubes</p>	<p>20 B: Bran muffin, grape juice and milk</p> <p>L: Baked fish primavera. Broccoli rice casserole, ambrosia salad, dinner roll and milk</p> <p align="center"><u>BIRTHDAY SNACK:</u> Vanilla Ice cream, Angel Food cake and milk</p>
<p>23 B: Pancakes, apple juice and milk</p> <p>L: Sheppard's pie, cheesy cauliflower, dinner roll and milk</p> <p>S: Fruited yogurt, graham crackers</p>	<p>24 B: Cheerios, ½ banana and milk</p> <p>L: Beef Stroganoff, squash casserole, applesauce, rice pilaf and milk</p> <p>S: Apple pie and milk</p>	<p>25 B: Cinnamon French toast, fresh fruit cup and milk</p> <p>L: Hamburger on bun, regular Cole slaw, French fries and milk</p> <p>S: Bran muffin and milk</p>	<p>Baby Gator is closed for Thanksgiving</p>	

<p>30 B: Biscuits, scrambled eggs, grape juice and milk</p> <p>L: Beef pot pie, mashed potatoes, ¼ apple and milk</p> <p>S: Blueberry muffin and applesauce</p>				
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