

Baby Gator Child Development and Research Center at The University of Florida  
Breakfast, Lunch and Snack Menu

November 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 B: Cinnamon toast, Tropical Fruit Salad, milk</p> <p>L: Fish nuggets, sweet green peas, applesauce, cornbread, milk</p> <p>S: Pineapple juice, Animal crackers</p>	<p>3 Cereal with raisins, diced peaches, milk</p> <p>L: Vegetable soup w/ beans, pineapple tidbits, Saltine crackers, milk</p> <p>S: Fresh apple slices, cubed cheese</p>	<p>4 B: English muffins w/ Canadian Bacon, applesauce, milk</p> <p>L: Teriyaki Chicken drumsticks, steamed rice, broccoli, diced pears, milk</p> <p>S: Pretzels, Applesauce</p>	<p>5 B: French toast sticks, pineapple tidbits, milk</p> <p>L: Grilled cheese sandwich, green beans, mandarin oranges , milk</p> <p>S: Vanilla yogurt, Granola cereal</p>	<p>6 B: Cereal, bananas, sausage links, milk</p> <p>L: Ham and cucumber sandwich on wheat bread, yam patties, applesauce, milk</p> <p>S: Vanilla Wafers, milk</p>
<p>9 B: Cheese grits, orange juice, milk</p> <p>L: Fish patties, mixed vegetables, fruit cocktail, parker house rolls, milk</p> <p>S: Fig Newtons, milk</p>	<p>10 B: Cereal, tropical fruit salad, milk</p> <p>L: Veggie burger on bun, Lima beans, applesauce, milk</p> <p>S: Raisin Bread, Mandarin oranges</p>	<p>11</p> <p>C L O S E D F O R V E T E R A N S D A Y</p>	<p>12 B: Bagels w/ jelly, fresh apple slices, milk</p> <p>L: Vegetable Chili, Cornbread, diced peaches, green beans, milk</p> <p>S: Cottage cheese, Pineapple tidbits</p>	<p>13 B: Cereal, bananas, milk</p> <p>L: Beef Ravioli, black eye peas, diced pears, saltine crackers, milk</p> <p>S: Milk, Pretzels (Graham crackers for LGC)</p>
<p>16 B: Pancakes, diced peaches, milk</p> <p>L: Chicken nuggets, peas and carrots, Tropical Fruit salad (cut up for LGC), milk</p> <p>S: Mandarin oranges, Melba toast w/ jelly (Animal crackers for LGC)</p>	<p>17 B: Cereal, diced pears and milk</p> <p>L: Vegetable Lasagna, mixed greens salad with vinaigrette dressing (mixed vegetables for LGC), applesauce, soft breadsticks, milk</p> <p>S: Cereal Bar, milk</p>	<p>18 B: Cheese toast, pineapple juice, milk</p> <p>L: Meatballs w/ gravy, mashed potatoes, broccoli, fruit cocktail, milk</p> <p>S: Vanilla yogurt, diced peaches</p>	<p>19 B: English muffin, scrambled eggs, apple slices, milk</p> <p>L: Cheese Pizza, Lima beans, mixed fruit salad with vanilla yogurt, milk</p> <p>S: Saltine crackers, Pimento cheese</p>	<p>20 B: Cereal, mandarin oranges, milk</p> <p>L: <b>Thanksgiving Feast</b> Turkey, green beans, sweet potatoes, fruit salad, rolls, milk</p> <p><b>Snack: Birthday Party - Vanilla Ice cream w/ sprinkles, assorted cookies, milk</b></p>
<p>23 B: Cheese grits, Mandarin oranges, milk</p> <p>L: Chicken patty, green beans, buttered egg noodles, fruit cocktail, milk</p> <p>S: Graham Crackers, milk</p>	<p>24 B: Cereal, diced peaches, milk</p> <p>L: Baked Ziti w/ tomato sauce, cheese &amp; spinach, Lima beans, diced pears, milk</p> <p>S: Applesauce, Melba Toast (Saltine crackers for LGC), sliced American cheese</p>	<p>25 B: Waffles, sausage links, orange juice, milk</p> <p>L: Ham slices, okra &amp; tomatoes, pineapple tidbits, White/wild rice mix, milk</p> <p>S: Saltine crackers, Cucumber slices and carrot strips w/ Ranch Dressing (diced pears for LGC)</p>	<p>26</p> <p>C L O S E D F O R T H A N K S G I V I N G</p>	<p>27</p> <p>C L O S E D F O R T H A N K S G I V I N G</p>
<p>30 B: Cinnamon Toast, applesauce, bacon strips, milk</p> <p>L: Salisbury steak, mashed potatoes, mandarin oranges, Parker House rolls, milk</p> <p>S: Goldfish crackers, milk</p>				